Dear Mr. Skanson.

Please accept this letter as a formal notice of my resignation from Stride Academy as the 7th and 8th grade Health teacher. In hopes of giving you adequate time to prepare for my resignation, my final day will be February 10th, 2023.

During my time at Stride, I have come to realize that the scope of student behaviors is unfortunately not what I had anticipated or am able to handle without putting my mental health at risk. Due to student behaviors, such as violent outbursts towards myself and other students, I have been suffering with panic attacks regularly and as such, I would like to seek other employment.

I would like to thank you and the rest of the Stride team for this opportunity and welcoming me into your school these past few months. During the next few weeks, I will do my best to make the transition as smooth as possible and provide support in any way I can. Please let me know if there is anything further I can do to ease this transition.

Sincerely,

Harlie Haneca