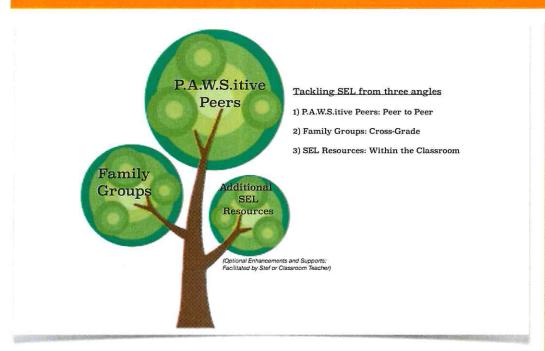
STRIDE ACADEMY SEPTEMBER 25, 2019

P.A.W.S. itive Peers

Promoting Action for the Wellness of Students & Staff



Empowering Students To Guide Peers

"Take the attitude of a student; never be too big to ask questions, never know too much to learn something new." -Og Mandino

Students in the P.A.W.S.itive Peer Program will be trained to guide their peers through real-world social-emotional learning (SEL) experiences using a process of simple, clear steps for building awareness, naming emotions, grappling with root causes, and retraining minds to react in a healthier manner.

If you build it....please help by following these three steps:



Share with Stef a bit about the student you chose as the best "fit" for the program.

2

CONNECT YOUR FAMILY

Connect with your teacher partnership(s) (below) to establish the most effective student pairings.



MAKE STRIDES

Work with Stef or add additional support resources to enhance the culture of our building. P.A.W.S.itive Peers will be coached in the following areas:



Emotions 4 Self

Name It, Tame It, Reframe It



Empathy 4 Others

Recognize, Respond, Retrain. STRIDE ACADEMY SEPTEMBER 25, 2019

Family Groups -Connecting Grades

By combining a variety of means for our students to deeper understand themselves, their peers, and those who care for them, we increase ownership of - and the responsibility for - the health and well-being of our school.

Family groups are yet another way to help boost connections across the building. By pairing students with "buddies" and designing learning experiences focused on SEL, we can begin to cultivate healthier connections to self, to others, and to the school community as a whole.

Family groups will meet *once per month* for *thirty to forty-five minutes in locations chosen by each partnership (see right), and during a time that fits both schedules. Activities will have been designed by the P.A.W.S.itive Peer students, and all necessary supplies and instructions will be provided at least two days prior to the scheduled meeting time.



"Other things may change us, but we start and end with family."

К	Grade 4	Grade 1	Grade 5
Falk	Horner	Cardenas	
Feigum	Lyman	Kneip	Maiers & Kirchner
Nohner	Alvord	Weyer	
Grade 2	The second second	The second second	
Grade 2	Grade 6	Grade 3	Grade 7
Silverberg		Grade 3 Geisler	
	Grade 6 Voss & Trelfa		Grade 7 Emery, Iverson & Wahlstrand

*Please note: Family groups will include hands-on exploratory activities, so will require your knowledge of your students' abilities and your expertise on monitoring to determine whether time should be modified.

FAMILY GROUPS

With guidance, the P.A.W.S.itive Peer Students will design monthly activities focused on the 5 CASEL SEL Competencies: Self-Awareness, Self-Management, Social Awareness, Relationship Skills, and Responsible Decision-Making. In addition to highlighting SEL, these activities will boost camaraderie within the building, enhance the community culture of STRIDE, and challenge thinking, all while connecting students across grade levels. Teachers will be asked to work with each other and Stef to establish a calendar for these oncea-month events and partner their students with those students in their respective partner's classroom.



Calendar

At A Glance

October	November	December	January
Students in P.A.W.S.itive Peers			
2 - 30min sessions:			
 Kindergarten & 4th Grade 			
- 1st Grade & 5th Grade			
- 2nd Grade & 6th Grade	 2nd Grade & 6th Grade 	- 2nd Grade & 6th Grade	- 2nd Grade & 6th Grade
- 3rd Grade & 7th Grade			
	Teachers: Family Group #1 Self-Awareness (30-45 mins)	Teachers: Family Group #2 Self-Management (30-45 mins)	For Teachers: Family Group #3 Social-Awareness (30-45 mins)
Optional Resources	*Optional Resources*	*Optional Resources*	*Optional Resources*
Stef can lead in classrooms, or you can use as you see fit*	Stef can lead in classrooms, or you can use as you see fit*	Stef can lead in classrooms, or you can use as you see fit*	Stef can lead in classrooms, or you can use as you see fit*
K-2 "Emotional ABC's"	K-2 "Emotional ABC's"	K-2 "Emotional ABC's"	K-2 "Emotional ABC's"
K-2 or 3-5: "It Starts with Hello"			
February	March	April	May
Students in P.A.W.S.itive Peers			
2 - 30min sessions with each:			
- Kindergarten & 4th Grade	 Kindergarten & 4th Grade 	- Kindergarten & 4th Grade	- Kindergarten & 4th Grade
- 1st Grade & 5th Grade			
- 2nd Grade & 6th Grade			
- 3rd Grade & 7th Grade			
Teachers: Family Group #4	For Teachers: Family Group #5	Teachers: Family Group #6	Teachers: Family Group #7?
Relationship Skills (30-45 mins)	Responsible Decision-Making	School Family (30-45 mins)	TBD (30-45 mins)
	Optional Resources	*	
Optional Resources	Stef can lead in classrooms,	*Optional Resources*	*Optional Resources*
Stef can lead in classrooms,	or you can use as you see fit*	Stef can lead in classrooms,	Stef can lead in classrooms,
or you can use as you see fit*	K-2 "Emotional ABC's"	or you can use as you see fit"	or you can use as you see fit*
K-2 "Emotional ABC's"	K-2 or 3-5: "It Starts with Hello"	K-2 "Emotional ABC's"	K-2 "Emotional ABC's"
K-2 or 3-5: "It Starts with Hello"	2 3 0 0 R Guard Mar Hello	K-2 or 3-5: "It Starts with Hello"	K-2 or 3-5: "It Starts with Hello"

Additional Resources to Support and Enhance SEL at STRIDE (For classroom use or for Stef to facilitate in your classroom)

Emotional ABC's (Grades K-3)



Sandy Hook Promise (Grades K-2) (Grades 3-5)





Newsela (Grades K-7)

